

New Journeys

New Journeys is a person-centered evidence-based treatment model for individuals experiencing a first-episode of psychosis.

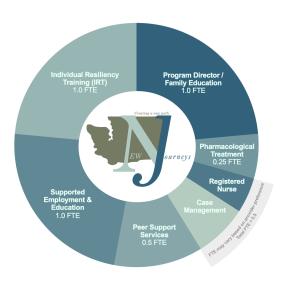
A full list of current programs can be found on the Locations page through the website below. Those who are eligible for the program and choose to participate are offered wrap around services. The shared-decision making of this program allow for the individual and the clinician to work together to set goals and create structure with which to achieve those goals. New Journeys believes that it is just as important to build the strengths of an individual to increase resiliency as it is to work to reduce the negative experiences of psychosis.

The goal is that upon graduation, individuals are not only in the 'recovery' phase of psychosis but are confident in their ability to live a fulfilling life.

Locations



Team Structure



Make a Referral

New Journeys is for youth and adults between the ages of 15 to 40 years old. The person should have experienced psychotic symptoms for more than or equal to 1 week and less than or equal to 2 years. If this describes you or a loved one, and you need assistance finding care in Washington State, please complete the form on our website below and staff will direct your inquiries to your nearest New Journeys provider.

Join our Team! lew Journeys teams across the state are hiring for a variety of positions. Visit our website below for more information.

Want to learn more? Here's how:



Visit our website:

Scan the QR Code, or Visit:

https://www.newjourneyswashington.org/

Questions?

Email:

fepecho@uw.edu



